

STARTERS	
Taco Trio	R65
Three mini tacos served with either beef, chicken or fish, filled with shredded lettuce, tomato, onion, salsa and Guacamole, topped with coriander and lemon	
Yakitori Kebabs	R70
Three Japanese style kebabs, either chicken or beef, grilled on an open flame and smothered with a rich Asian barbeque basting sauce.	
Friends Eastern Platter	R45
Humus, tahini, brinjals & two pita	
Spicy Fish Cakes	R65
Thai style fish cakes with coriander, wasabi may, tarter sauce and garlic aioli dip	
Baked Brinjals	R50
Thinly sliced brinjals layered with a tomato and basil reduction	

KIDDIES	
Beef burger & chips	R55
Chicken burger & chips	R55
Hot diggedy dog & chips	R45
Pasta bolognaise	R45
Fish nuggets & chips	R48
Chicken strips & chips	R55

MAINS	
Chips or Veg or Salad	
Taco Trio	R85
Three large soft taco shells served with either beef, chicken or fish, re-fried beans, salsa, guacamole and shredded lettuce	
Schwarma Laffa & Pita	
A choice of beef or chicken, chicken schnitzel, lamb kofta or falafel.	
With humus, tahina and three salads	
Beef / Chicken / Chicken schnitzel	R90
Lamb Kofta	R95
Falafel	R85
On a plate: Add	R20

Friends Hot Beef On Rye	R80
Tender sliced brisket on toasted rye with saurkraut, ruby slaw, dijon mustard and dill cucumbers	
Double Hot Beef On Rye	R150
Tender sliced brisket on toasted rye with saurkraut, Ruby slaw, dijon mustard-mayo and dill cucumbers	
New York Hot Dog	R80
Beef viennas in a roll topped with crispy onion, mustard mayo & a homemade tomato ragu	
Friends Boerewors Roll	R85
Boerewors in a long roll topped with crispy onion, mustard mayonnaise, and a homemade tomato ragu.	

BURGERS all served with chips	
Friends Beef Burger	R90
150g beef burger on a homemade bun with crispy onions, topped with a sumac mayonnaise and our savoury cherry tomato chutney.	
Chicken Burger	R95
A tender chicken breast with crispy onions, topped with a sumac mayonnaise, sliced tomato and lettuce.	
Hawaiian Chicken Burger	R95
With crispy onions, topped with a grilled pine ring, sumac mayonnaise, sliced tomato and lettuce.	
Friends Vegetarian Burger	R85
A falafel & vegetable patty on a homemade bun topped with lettuce, tomato, mustard mayo and onion rings	
Twin Peaks Burger	R155
Two open burgers, beef and chicken, topped with lettuce, tomato, sumac mayo and onion rings.	
Add a Sauce: Monkey gland, Pepper, Mushroom	ea R15

GRILL	
Served with chips or veg or salad	
Ribeye 250g	R160
A succulent ribeye marinated in our secret sauce and grilled to your liking.	
Tomahawk 500g	R290
Perfectly grilled succulent bone in ribeye, topped with a homemade salsa verde	
Beef Short Rib	R180
Slow cooked beef ribs char-grilled and basted with a Korean kalbi sauce.	
Banting Busta	R95
Beef patty, chicken breast, sliced avocado and coleslaw	
Chicken Thigh Skewers	R165
Herb infused chicken skewers char- grilled, with your choice of salads	
Brown Rice & Chicken	R95
Brown rice, sliced breast, butternut. Topped with avo	
Chicken Schnitzel	R90
A golden brown chicken schnitzel topped with a homemade tomato & basil infused ragu	
Add an extra schnitzel:	R40
Add a Sauce: Monkey gland, Pepper, Mushroom	ea R15

Flame-Grilled Chicken	R120
Half spatchcock chicken lemon & herb or peri-peri	

SANDWICHES	
Beef Tornado	R85
Beef Schwarma strips on a mustard spread, topped with sliced tomato, pickles and sweet chilli mayo. Served with small chips	
Chicken Superb	R85
Chicken Schwarma strips on mayo spread, topped with sliced tomato, shredded lettuce and fresh basil pesto. Served with small chips	

SALADS	
Falafel salad	R75
Four falafel balls, rocket, green beans, hummus, tabbouleh, Kalamata olives and pickled cabbage	
Rocket Avo Salad	R68
Rocket, marinated tomatoes, red onion, sliced avocado	
Friends Salad	R70
Israeli salad, quinoa, hummus, chickpeas, chili, kidney beans, coriander	
Mediterranean Penne Salad	R55
Penne tossed in pesto, black olives, peppers, rocket & roasted brinjals	

WINES		
Red Wine	Glass	Bottle
Barkan Merlot	R65	R200
Backberg Pinotage	R55	R170
Altoona Hills Shiraz	R65	R200
Tierra Sal. Merlot	R50	R145
Tierra Sal. Cab Sauv	R50	R145
Klein Draken Sweet red	R38	R90
White Wine	Glass	Bottle
Tierra Salvage Sauv Blanc	R50	R145
Barkan Sauv Blanc	R55	R165
Backsberg Chardonnay	R60	R170
Lechene Sauv Blanc	R50	R145
Sparkling Wines		
Backsberg Brut	R195	
Banero Brut	R95	
Prosecco Extra Dry	R195	



grill MENU

ADDRESS:
 11 Swemmer Road, Silvamonte
 Johannesburg
 Tel: 0861 374 3637
 Whatsapp: 064 067 5515
 Facebook: friends restaurant and deli
 Email: orders@friends.co.za
 bookings@friends.co.za
 catering@friends.co.za

Our team of Russ, Shawn & Dennis are always ready to make your visit a pleasure

Rate us on:



TRADING HOURS:
 Monday - Thursday 7:00am till 10:30pm
 Friday 7:00am till 2:30pm
 Saturday 30 minutes after shabbos till 11:00pm
 Sunday 7:00am till 10:00pm

All meat Mehadrin
 For Mehadrin Commission ask Mashciagh
 All quantities based on raw weights

SUSHI	
Salmon Sashimi (3pc)	R60
Rainbow Rolls (4pc)	
Salmon	R40
Veg	R30
Sushi Rolls	
Crispy Salmon Skin California 4pc	R50
Salmon California 4pc	R45
Veg California 4pc	R30
Salmon Maki 6pc	R55
Fotomaki Salmon 4pc	R45
Fotomaki Veg 4pc	R35
Fashion Sandwiches (4pc)	
Veg	R30
Salmon	R45
Hand Rolls	
Salmon 1pc	R55
Veg 1pc	R40
Salmon Bamboo 4pc	R50
Veg Bamboo 4pc	R35
Cucumber Salmon 1pc	R55
Cucumber Veg 1pc	R45
Sushi Salads	
Veg	R59 / R89
Salmon	R109 / R179
Sushi Cakes (serves two)	
Veg	R140
Salmon	R210

FISH	
Fish & Chips	R80
Battered hake and chips	
Grilled Hake	R95
Plain, lemon & herb or cajun served with chips or veg or salad	
Line Fish of the day	SQ
Kindly ask your waitron about today's selection	
Salmon Burger	R130
Grilled salmon fillet served on a home-baked bun. Topped with lettuce, tomato and wasabi mayonnaise.	
East Coast Sole	SQ
Grilled sole in a delicious lemon butter sauce, with chips / rice / sweet potato mash and seasonal vegetables.	
Moroccan Fish	R115
Hake medallions slow baked in a Moroccan inspired ragu, with sweet potato mash / rice and seasonal vegetables.	
Fish Parcel	R115
Fresh fish fillet of the day, wrapped and baked with peppers, fresh lemon & spinach. With salad or vegetables	
Grilled Salmon	R195
Grilled & topped with chunky sweet pepper, relish and soy sauce. Served with chips or veg	
Thai Grilled Salmon	R195
Grilled & topped with chunky sweet pepper. Topped with a coconut masala sauce. Served with chips or veg	

DESSERTS	
Baked Apple Halva	
Baked apple in a caramel sauce, with halva. With ice cream, honey and candied walnuts	
Single	R45
Double	R75
Baklava	
Pastry stuffed with pistachio and almonds, glazed with a homemade golden syrup	
Three	R25
Six	R45
Malva Pudding	R35
Choc Mousse	R35
Ice cream & chocolate sauce	R35
Sorbet	R30

COLD BEVERAGES	
Sodas	R18
Coke / Coke Light / Tab / Coke Zero / Sprite / Sprite Zero / Cream Soda / Sparberry / Fanta Orange / Ginger Beer	
Mineral Water	500ml
Mineral Water Still	R15
Mineral Water Sparkling	R15
Bos Iced Tea	R22
Berry / Apple / Peach / Lemon	
Mixers	R18
Ginger Ale / Club Soda / Lemonade / Bitter Lemon / Indian Tonic	
Cordials	
Lime / Passion Fruit / Kola Tonic / Lemon	R8
Appetizer	R20
Red Bull	R35
Beers	
Castle, Lite	R20
Amstel, Black label	R20
Heineken	R25
Windhoek, Light	R22
Peroni, Stella Artois, Millers	R35

SUN DOWNERS	
Rock Shandy	R35
Lemonade, soda and bitters	
Steel Works	R35
Ginger beer, soda, kola tonic, ginger ale and bitters	
Ginger Square	R35
Ginger beer, fresh lime, bitters and mint	
Bitter Tonic	R35
Indian tonic, fresh lime and bitters	
Virgin Mojito	R35
Soda, fresh lime and mint	
Berry Breeze	R35
Mixed berry syrup, soda, sliced orange	

HOT DRINKS	
(Almond or Soya milk)	
COFFEE	
Americano	R18
Single Espresso	R18
Almond Latte	R25
Soya Latte	R25
Almond Cappuccino	R25
Soya Cappuccino	R25
Extra shot:	R10
TEA (best served black)	
Infused Leaf Tea	R26
Chamomile, Peppermint, Peaches & ginger	
Five Roses, Rooibos, Green Tea	R20

SPIRITS	
Absolute Vodka	R20
Bombay	R23
Bacardi	R20
Stock 85 Brandy	R20
Bells	R20
J & B	R20
Jack Daniels	R25
Jameson	R25
Johnny Black	R25
Johnny Red	R20
Chivas Regal	R25

HOT BREAKFAST (all day) With rye, white, brown, health, bagel	
Shakshuka	R75
Three eggs baked in a spicy tomato ragu.	
Eggs Your Own Way	R30
Two eggs fried, scrambled or poached	
Add: Tomato, fried onion, mushroom, feta, avocado, roasted brinjals, roasted peppers	ea R12
Scrambled Salmon	R125
Three egg scramble with smoked salmon, cream- cheese and capers	
Three egg omelette	R40
Fillings: caramelised onion, mushroom, baby tomato, feta, halloumi, grated cheese	ea R12
Mushroom Omelette	R70
Three egg open omelette with spicy feta, grilled mushrooms, roasted peppers and cherry tomatoes	
Breakfast Laffa	R70
Toasted laffa filled with scrambled egg, caramelised onion, cherry tomatoes and black mushrooms	
Eggs & Halloumi	R85
Two eggs, grilled tomato, black mushrooms and grilled halloumi cheese	
Latkes & Poached Eggs	R85
Two poached eggs on latkes, topped with Friends hollandaise, spring onions and sliced avo	
Kippers & Eggs	R90
Three baby kippers, two eggs, poached or fried, cherry tomatoes and sliced avocado	
Hummus Stack	R65
Health toast with hummus, rocket, roasted tomatoes, sliced avo and feta. Topped with a poached egg	
Low Carb Breakfast	R80
Two grilled black mushrooms, two eggs with marinated cherry tomatoes, wilted spinach & halloumi cheese	
Friends Breakfast	R45
Two eggs, fried or poached, fried tomato, fried onion and roasted brinjal	
Extras	
Caramelised onion, mushroom, baby tomato, feta, halloumi, roasted brinjal	ea R10
Crumpet Stack	R40
Four delicious crumpets with sugar and cinnamon, topped with syrup	
Deluxe Crumpet Stack	R45
Four delicious crumpets with maple cream cheese and berry coulis, topped with honey	
HEALTH BREAKFAST	
Professor Paw Paw	R65
Sliced Papaya under a blanket of double thick yoghurt with a hint of lime & pistachio	
Homemade Granola & Yoghurt bowl	R65
Double thick yoghurt topped with our homemade granola*	
Fresh Fruit & Yoghurt bowl	R55
Double thick yoghurt topped with seasonal fruit	
FRESH PRESSED JUICE	
Green Lemonade	R30
Apple, lemon, cucumber, celery, ginger	
Sweet Beet	R30
Beetroot, carrot, apple, orange	
Ginger Pine	R30
Orange, carrot, pine, ginger	
CRUSHES	
Mixed Berry	R30
Mango	R30
Passion Fruit	R30

SMOOTHIES 500ML	
Berry Granola*	R30
Blueberries, yoghurt, granola*, honey and cinnamon	
*Granola: Rolled oats, quinoa, almonds, coconut oil, maple syrup	
Choc Banana	R30
Choc, banana, yoghurt, honey and walnuts	
Peanut Brrrr	R30
Peanut butter, yoghurt, banana, honey and walnuts	
Jump Start	R30
Strawberries, blueberries, orange juice, ginger and yoghurt	
Very Berry	R40
Raspberries, almond milk, honey, ginger and lemon juice	
BAGELS & BREADS	
Royal Smoked Salmon	R130
Cream cheese, sliced tomato & cucumber, red onion with smoked salmon & capers	
Bagel French Toast	R60
Two bagel slices egg dipped and fried, with maple cream cheese & berry coulie, and sprinkled with almond flakes and cinnamon-sugar	
Toast, Jam & Cheese	R35
Two slices of toast with mixed berry jam and grated marble cheese	
Anchovy Toast	R40
Two slices of toast with sliced tomato, cucumber, anchovy, paste and cream cheese	
SANDWICHES	
Rye, Health, Ciabatta, Bagel, White, Brown Tuna	R78
Tuna, black olives, diced tomato, red onion, dill cucumber, mayonnaise and mozzarella served in a large toasted wrap.	
Tuna Nicoise	R78
An open ciabatta topped with tuna mayo, roasted tomato, feta and egg wedges	
Friends	R68
Humus, lettuce, brinjals, roasted peppers, tomato and grilled halloumi	
Capri	R88
Mozzarella, fresh tomato, basil, crushed avo and basil pesto	
Egg Mayo	R58
Egg-mayo, lettuce and sliced tomato	
KIDDIES	
Margerita Pizza	R40
Fish Nuggets & Chips	R48
Toasted Cheese & Chips	R28
Toasted Tuna Mayo & Chips	R35
Hake Burger & Chips	R55
HOT DRINKS	
COFFEE	
Americano	R18
Single Espresso	R18
Machiatto	R20
Café Latte	R20
Cappuccino	R20
Extra shot:	R10
TEA (BEST SERVED BLACK)	
Infused Leaf Tea	R26
Chamomile, Peppermint, Peaches & ginger	
Five Roses, Rooibos, Green Tea	R20



dairy MENU

ADDRESS:
11 Swemmer Road, Silvamonte
Johannesburg
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Whatsapp: 064 067 5515
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All dairy is Chalav Yisrael

SALADS	
The Chunky Greek	R90
A medley of chunky cucumber, red onion, mixed peppers, feta, olives and cherry tomatoes tossed in an oregano dressing	
Spicy Tuna Za'atar Salad	R98
Tuna, cherry tomatoes, red onions and cucumber. Topped with spicy cream cheese za'atar and a boiled egg	
Roasted Butternut Salad	R95
Butternut, fresh rocket, feta, balsamic glaze and roasted pine nuts	
Falafel salad	R88
Falafel balls, rocket, spicy feta, green beans, humus, tabbouleh, Kalamata olives and pickled cabbage	
Rocket Avo Salad	R68
Rocket, marinated tomatoes, red onion, sliced avocado	
Friends Salad	R88
Israeli salad, quinoa, humus, chickpeas chili, kidney beans and coriander	
Mediterranean Penne Salad	R65
Penne tossed in pesto, black olives, peppers, rocket, roasted brinjals & feta	
PASTA	
Fettuccini or Penne	
Napolitana	R70
A classic tomato sauce with Italian herbs	
Arabiatta	R70
A creamy herbed & chilli tomato with a hint of garlic	
Pesto	R65
Pasta tossed in a delicious homemade basil pesto	
Olive and Feta	R70
Pasta tossed with feta cheese, olives, basil and rosa tomatoes	
PIZZAS	
Margherita	R60
A classic pizza sauce topped with creamy mozzarella	
Toppings:	ea R15
Feta, mushrooms, onions, avo, tomato, garlic, chilli, basil, halloumi, olives	
Beetroot Butternut and Feta	R90
Roasted beetroot and butternut, topped with mozzarella and crumbed feta	
Aubergine and halloumi	R90
Roasted brinjals, halloumi and mozzarella	
Spicy Feta & Tuna	R90
Shredded Tuna topped with a feta, red pepper & chilli blend	
Halloumi & Pesto	R80
Sprinkled with pine nuts	
The Veg	R90
Grilled brinjals, olives, peppadews and red onion, topped with mozzarella	
FOCACCIA BREADS	
Pesto & freshly chopped tomato	R45
Humus, Israeli salad, basil	R45
BUILD- A- PIZZA	
Pizza & Tomato Base	R45
Add:	
Basil, red onion, fresh tomato slices	
grilled onions.	ea R10
Mozzarella, olives, beetroot, avo, butternut, mushrooms, brinjal, tuna, halloumi, feta	ea R15
Smoked Salmon	ea R35
SUSHI	
Salmon Sashimi (3pc)	R60
Rainbow Rolls (4pc)	
Salmon	R40
Veg	R30
Sushi Rolls	
Crispy Salmon Skin California 4pc	R50
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Thai Grilled Salmon	R195
Grilled & topped with chunky sweet pepper. Topped with a coconut masala sauce. Served with chips or vegetables	
DESSERTS	
Baked Apple Halva	
Baked apple marinated in a caramel sauce, crammed with halva and served with ice cream & honey. Topped with candied walnuts	
Single	R45
Double	R75
Baklava	
Pastry stuffed with pistachio and almonds, glazed with a homemade golden syrup	
Three	R25
Six	R45
Malva Pudding	R35
Choc Mousse	R35
Ice cream & chocolate sauce	R35
Sorbet	R30